

Proposed Grappling Schedule at CORE (Brazilian Jiu-Jitsu and Judo)

Kids BJJ	Kids Judo	Gi BJJ	No-Gi BJJ	Judo	Open Mat BJJ	Randori
----------	-----------	--------	-----------	------	--------------	---------

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00							
9:30							
10:00							
10:30		Judo					
11:00		10:30-12:00	No Gi BJJ	Gi BJJ	No Gi BJJ	Gi BJJ	Open Mat BJJ
11:30			11:00-12:15	11:00-12:15	11:00-12:15	11:00-12:15	11:00-12:15
12:00	Judo Randori						
12:30	12:00 - 2:00						Kids Judo
1:00							12:20-1:30
1:30							
2:00							KABA Judo
2:30							2:00-3:00
3:00							
3:30							
4:00							
4:30							
5:00		Kids BJJ	Kids Judo	Kids BJJ	Kids Judo		
5:30		5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00		
6:00		No Gi BJJ	Gi BJJ	No Gi BJJ	Gi BJJ		
6:30		6:00-7:15	6:00-7:15	6:00-7:15	6:00-7:15		
7:00							
7:30		Judo			Judo		
8:00		7:30-9:00			7:30-9:00		
8:30							
9:00							